Love to Nurture is a relationship-driven, grace-based, trauma-wise style of parenting that holds sacred the dignity of every child, the uniqueness of every child, the emotional safety of every child, and the developmental stage of every child.

CAR SEAT SAFETY
What to Know about Booster Seats

Booster seats protect children who are too big for a car seat but too small for a seat belt.

Seat belts don’t fit children properly until they are at least 57” (4’9”) tall and weigh between 80 and 100 pounds.

Motor vehicle crashes are the second-leading cause of death for children 4 to 10 years old.

340 children this age died in motor vehicle crashes in 2012.

Although seat belts are safer than nothing at all, children who should be in booster seats but wear only seat belts are at risk of severe abdominal, head and spinal injuries in the event of a crash.

Boosters can reduce the risk of serious injury by 45 percent compared to seat belts alone.

Safe Kids Worldwide surveyed 1,000 parents of 4 to 10 year olds. The study found seven in ten parents do not know that a child should be at least 57 inches (4’9”) to ride in a car using a seat belt without a booster seat.

The study revealed 9 out of 10 parents move their child from a booster seat to seat belt before their child is big enough.

One in five parents whose children carpool say they “bend the rules” when driving, letting children ride without seat belts and without the car seat or booster seat they would normally use.

And 61 percent of parents say they notice other carpool drivers bending the rules.

Buckle up every ride, every time, in the right seat.

REMEMBER: A child needs to be at least 57” tall (4’9”) and weigh between 80 and 100 pounds to ride with just a seat belt.
# Colorado’s Child Passenger Safety Law

<table>
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<tr>
<th>AGE</th>
<th>MANDATORY RESTRAINT</th>
<th>REQUIREMENTS</th>
<th>SAFETY ADVOCATES RECOMMEND</th>
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<tr>
<td>Newborn until 1st birthday</td>
<td>Rear-Facing Car Seat</td>
<td>Regardless of weight, children under 1 year old are required to be in a rear-facing seat and secured in the back seat of the vehicle.</td>
<td>Restrain your infant in a rear-facing seat as long as possible for the best protection in a crash. “Convertible” type car seats allow children to ride rear-facing until 30-45 pounds.</td>
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<tr>
<td>1, 2, and 3 years old</td>
<td>Rear or Forward-Facing Car Seat</td>
<td>Child must be at least 20 pounds to sit in a forward-facing seat. The seat that is used must be used correctly and follow the weight/height limits according to the manufacturer’s instructions.</td>
<td>Restraint your child in a “5-point” harness system until they are at least 40 pounds or to upper weight limit of seat. Keep child rear-facing as long as car seat allows (at least 2 years old). Use upper-tether straps where applicable (refer to your car seat and vehicle’s owner’s manual for more information).</td>
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<tr>
<td>4, 5, 6, and 7 years old</td>
<td>Forward-Facing Car Seat or Booster Seat</td>
<td>Correct use of car seat or booster seat. Follow upper weight limit according to manufacturer’s instructions.</td>
<td>Regardless of age, restrain your child in a car seat or booster seat until they are about 57” (4’9”). A child’s height is the best predictor of proper seat belt fit.</td>
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<tr>
<td>8 until 16th birthday</td>
<td>Booster Seat or Lap and Shoulder Seat Belt</td>
<td>Correct use of booster seat or seat belt. Follow upper weight limit of booster seat according to manufacturer’s instructions.</td>
<td>The child should be able to sit back against the seat back with knees bent naturally at the edge of the seat, the shoulder belt comfortably crossing the shoulder between the neck and arm, and the lap belt low on the hips, touching the thighs. Children under 13 should sit in the back seat only.</td>
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</table>

Colorado Revised Child Passenger Safety Statute 42-4-236

Safety advocates include the American Academy of Pediatrics, the National Highway Traffic Safety Administration and Safe Kids USA.

For more information, visit [www.carseatscolorado.com](http://www.carseatscolorado.com)
DON’T FORGET

If you are in the middle of a difficult situation with your child and need additional support, please contact your mentor, home supervisor, and in urgent situations, the on-call number.

The on-call number is answered 24/7 by a Home Supervisor who is there to help and can advise in emergency situations.

Hope & Home On-Call Number:
719-237-5739